

GASTROINTESTINAL SPECIALISTS, P.C.

Gastroenterology, Hepatology and Therapeutic Endoscopy

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THIS PROCEDURE WILL BE CANCELLED IF THE PERSON THAT ACCOMPANIES YOU LEAVES THE PREMISES.

COLONOSCOPY PREPARATION

DAY BEFORE EXAMINATION

1. Drink only "clear liquids" for breakfast, lunch, and dinner. Solid foods and milk products are not allowed.

CLEAR LIQUIDS INCLUDE:

- Soft drinks (orange, ginger ale, cola, sprite, 7-UP, etc), Gatorade, Kool-Aid.
- Strained fruit juices without pulp (apple, white grape, orange, lemonade, etc.)
- Water, tea, coffee (No milk or non-dairy creamer)
- Clear broth or bouillon
- Hard candies
- Jell-O or Popsicles
- DO NOT drink or eat anything colored red or purple.

2. Follow laxative directions (attached copy)

DAY OF EXAMINATION

3. If your test is scheduled in the morning, do not drink any liquids after midnight. Heart and Blood pressure medications may be taken with a small glass of water around 6:00 am.
4. If your test is scheduled after 12:00 pm (noon), you may have clear liquids before 8:30 am. You may take your morning dose of medication routinely.
5. If polyp removal is required, the patient must stay in the Detroit area overnight after the procedure so that any bleeding, pain, or other untoward symptoms may be brought to the attention of the examining doctor promptly and proper treatment given.
6. Report to: _____
7. Date: _____
8. Arrival time: _____

IF THERE ARE ANY QUESTIONS ABOUT THE PROCEDURE OR IF YOU HAVE TO CANCEL THIS TEST, PLEASE CALL (248) 273-9930 EXT. 3034 OR EXT 3036.

***You must be accompanied to the procedure by someone who can stay there as long as you are there and who will be able to drive you home after the exam.**

Your procedure will be performed by Doctor _____

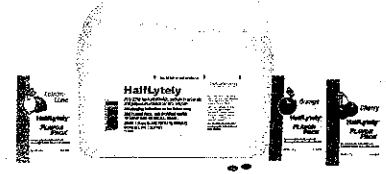
Address: _____

Date of procedure: _____ Arrive at: _____ AM/PM

Comments: _____

HalfLyte[®] & Bisacodyl tablets Bowel Prep Kit

PEG-3350, sodium chloride, sodium bicarbonate and potassium chloride for oral solution and bisacodyl delayed-release tablets



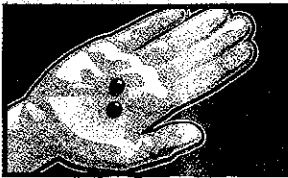
On the day before your procedure:

DO NOT eat food or drink milk.

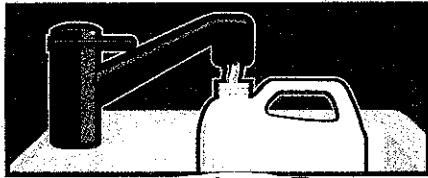
Drink clear liquids only. Any of the liquids below are okay, as long as they are not colored RED or PURPLE:

- Strained fruit juices without pulp (apple, white grape, lemonade)
- Water
- Clear broth or bouillon
- Coffee or tea (without milk or nondairy creamer)
- Gatorade[®]
- Fizzy or nonfizzy soft drinks
- Plain Jell-O[®] (without added fruits or toppings)
- Iced Popsicle[®] (blue, green, yellow, orange, or pink are okay)
- Kool-Aid[®] (or other fruit-flavored drinks)

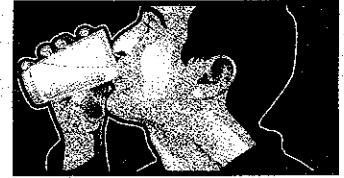
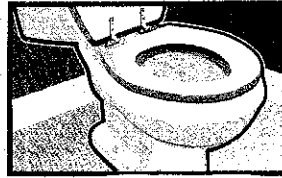
You must complete all the steps below:



12⁰⁰ noon



1⁰⁰ pm



6 pm →

STEP 1. TAKE BOTH TABLETS

- Take both bisacodyl tablets with water.
- Do NOT chew or crush.
- Do not take the bisacodyl tablets within 1 hour of taking an antacid.

STEP 2. MIX SOLUTION

• If you are taking...

HalfLyte Lemon-Lime: Open bottle.

HalfLyte with Flavor Packs: Tear open 1 flavor pack of choice and pour into HalfLyte bottle. Discard unused packs. Solution can be used with or without Flavor Packs.

- Add drinking water to top of line on bottle.
- Cap bottle and shake to dissolve the powder.*
- The reconstituted solution will be clear and colorless. Use within 48 hours. No additional ingredients (other than flavor packs provided) should be added to the solution.

STEP 4. DRINK ALL THE SOLUTION

- Drink 1 (8 oz) glass every 10 minutes (about 8 glasses). It's better to drink each glass quickly, instead of taking many small sips.
- Be sure to drink ALL of the solution. This should take about 1½ hours.

Note:

- HalfLyte and Bisacodyl Tablets Bowel Prep Kit is indicated for bowel cleansing before a colonoscopy in adults.

- Abdominal bloating or distention may occur before the first bowel movement. If your abdominal distention or discomfort continues stop drinking the HalfLyte solution temporarily or drink each portion at longer intervals until your symptoms disappear.
- Do not take any other medicines within 1 hour of starting to drink the solution.
- Do not drink large quantities of clear liquids after taking the HalfLyte solution until your colonoscopy.
- If you have any questions about this medicine, consult your physician.

*The reconstituted solution may be refrigerated.

Here are samples of a typical day before your procedure:

	STARTING AT 12:00 NOON	STARTING AT 2:00 PM	STARTING AT 4:00 PM
TAKE 2 TABLETS	12:00 NOON	2:00 PM	4:00 PM
MIX SOLUTION	1:00 PM	3:00 PM	5:00 PM
	6:00 PM	8:00 PM	10:00 PM
	DRINK ALL OF THE SOLUTION	DRINK ALL OF THE SOLUTION	DRINK ALL OF THE SOLUTION

To learn more about this product, please call 1-800-874-6756 or visit our Web site at www.HalfLyte.com

Provided as an educational service from **Braintree** LABORATORIES, INC

MEDICATION RECORD

NAME: _____

Endoscopy nurses will be asking for the medications you are presently taking. They will need to know the name of the medication and the dose. Please fill out this form completely and bring this with you for your endoscopic procedure. It is quite important that you be complete and accurate in filling out this form. We appreciate your assistance in this matter.

DATE: _____

Medication Name (on bottle)	How are you taking this medication? (Dose)
1)	
2)	
3)	
4)	
5)	
6)	
7)	
8)	
9)	
10)	